Alestract Rower Blex Dalupe Walking Thicks a walking stick is generally known as a lightweight, straight, rigid wooden stiet, was held in one hand, used as an aid en walking. Powerblex Dedure Walking Studence designed to be used in pairs, the Deson aid in walking, Dand to exercise and tone the upper bady muscles. The essential beature, (and the invention) is the curved and slightly flexible slight, which has a shock absorbing and pavarrelrasing effect. emagine a cross country skier with